



劉莉莉國際鷹爪國術總會 芝加哥分會

Lily Lau Eagle Claw Kung Fu Chicago HQ
539 W. 31st - Chicago, Illinois 60608 - 773-837-6043



Spring Schedule - 2012

| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|--|----------------------|--|--------------------------------|----------------------|----------|--|
| 4:45 - 5:30pm Kid's Class Mini Eagles 4-7yrs old | Private Lesson | 4:45 - 5:30pm Kid's Class Mini Eagles 4-7yrs old | | Private Lesson | Closed | |
| 5:30 - 6:15pm Kid's Class Little Eagles 8yrs old & up | Black Belt's Only | 5:30 - 6:15pm Kid's Class Little Eagles 8yrs old & up | | Black Belt's Only | Closed | 2:15 – 3:30pm Adult Class |
| 7:00 – 8:15pm Adult's Class | | 7:00 – 8:15pm Adult's Class | 7:00 – 8:15pm Adult's Class | | | 3:30 -5:00pm Traditional Lion Dance Training |
| 8:15 - 9:15pm Black Belt Club Training | | 8:15 - 9:15pm Black Belt Club Training | | | | |

MARTIAL ARTS STUDENTS SHOULD DO THE FOLLOWING:

Arrive 15 minutes prior to class to warm-up and stretch out.

Make sure to always bow when entering the training hall and always show respect to your Sifu and high-ranking instructors.

When training, show good manners, spirit, and effort.

Come to class neat and clean.

Always wear your uniform and training shoes.

Attend class on a regular and consistent schedule.

Make sure to practice at home.

(REVISED – Jan. 2012 - May change at anytime without notice.)

www.LilyLauKungFu.com

School closed all National Holidays